



The Pinnacle

Volume VII, Issue 1
Editor: Fred Goodman, D.D.S.

Spring 2003

College of Diplomates of

The American Board of Endodontics
P.O. Box 2673

Glen Ellyn, Illinois 60138-2673

The Pinnacle is published in
the Spring and Fall.

Phone 630-510-7136

FAX 630-510-7176

E-mail:codabe96@aol.com

Managing Editor: Alyce F. Norris, CDA

Inside this issue:

President's Message	1
Grossman Luncheon.....	1
Treasurer's Report.....	2
Summer Conference 2002.....	2
Reminder	2
Einstein Review Course.....	2
Loma Linda Biology Review	3
Louis I. Grossman.....	3
Conference Photos	5
Webmaster.....	6

Officers 2002-2003

Dr. James Simon
President

Dr. A. Eddy Skidmore
President-Elect

Dr. Carl Newton
Secretary

Dr. George Goodis
Treasurer

Dr. Fred Goodman
Editor

Dr. Cindy R. Rauschenberger
Director

Dr. Eric M. Rivera
Director

Dr. Martha Proctor
Director

The 99th Yard by Dr. James Simon

When asked about the board, I usually say, "If you don't attempt certification, it is like running a 100-yard dash and stopping at the 99th yard." The Board Certificate is the last formal step in your education. All the years prior to this are topped off with Board Certification. That is the final diploma, not your program certificate. It announces that you have been examined by an academic group of your peers and that you passed their rigorous examination. You have gone as far in your profession as is possible.

"You can lead a horse to water but you can't make him take the Board" or something like that. Program directors should and do emphasize and promote Board certification for their students

during the 2 years. It is important to mold a positive attitude toward pursuing the exam. However, often this is not enough to motivate students to complete certification even once the written was passed. The biggest problem seemed to be the case histories. There was big drop off between these two segments. By allowing the student to choose the order (i.e. oral, written, cases) this hopefully will change. There are many excuses for not taking the written such as (1) I don't have time. (2) My practice takes all my time. (3) I don't get any more money. (4) The referring Doctors don't care. (5) Free time I spend with my family. (6) I have a huge loan to pay off. (7) My dog ate all my notes from school.

None of these are valid unless you allow them to

excuse your reluctance. I think mostly that students are reluctant to put their egos on the line. "What if I fail?" That seems to be the critical question. I experienced a wife and two sons studying and preparing for the California Bar exam. Compared to that nightmare, the Endodontic Board is a piece of cake!

To help students attempt this last hurdle, we offer mentors to help guide students through the process. Our recent survey by Dr. Carl Newton showed that the majority of people who passed the board, used someone as a mentor whether through the college or not. Regardless, the goal remains the same: to increase the number of people successfully completing Board Certification. ♦

THE COLLEGE OF DIPLOMATES OF THE AMERICAN BOARD OF ENDODONTICS

invites you to the
Louis I. Grossman Luncheon
Thursday, May 1, 2003

Held at 12:30 pm in Ballroom D at the Convention Center
Dr. Greg Chadwick, immediate past President of the ADA, speaker
Working Together: It's Only Our Future

By ticket only

Register on your AAE registration from
NEW DIPLOMATES WILL BE RECOGNIZED
Annual Business meeting immediately following luncheon

College of Diplomates Financial Statement

December 31, 2001 to December 31, 2002

Starting Balance

12/31/2001 **\$61,962.16**

Income: \$80,930.00

Dues 21,950.00

Registration fees 42,975.00

Sponsorship Grants 16,000.00

Expenses: **(54,644.80)**

Operating (1,196.97)

Web Site (1364.40)

Conference Calls (1,667.84)

Pinnacle (5,028.84)

Grossman Luncheon (1,466.76)

Board Review Course (1,310.60)

Business Supplies (1.40)

Accounting Costs (590.00)

Meals and Entertainment (1,074.60)

Travel (1,278.06)

Summer Conference 2002 (33,504.41)

Administrative Secretary (6,072.00)

Bank Charges (3.92)

State Taxes (5.00)

Ending Balance: **\$88,247.36**

Treasurer's Report by George Goodis

Summer Conference 2002 Update by Ed Skidmore

With the "gigantic" success of the summer conference 2002 fast becoming a pleasant memory, it is time to move on to 2004. To this point many proposals have been reviewed. Still in the mix are the following sites:

- ◆ Lake Louise, Banff, Canada
- ◆ Lake Tahoe, NV
- ◆ Beaver Creek, CO
- ◆ Bachelors Gulch, CO
- ◆ The Broadmoor CO
- ◆ The American Club, WI

All are tentative pending site visits. Tentative dates are August 4th—8th or August 11th—15th, 2004. Block out your calendars. We will keep you updated on our progress and, yes, we will try to top summer conference 2002 (if that's at all possible!!!).◆

Reminder! The University of Michigan School of Dentistry's 16th annual board review course: The Biological and Clinical Aspects of Endodontology will be held at the University of Michigan School of Dentistry on March 20-22, 2003. For registration and information, call the Continuing Education Department at the University of Michigan.◆

Attendance Record Set at Einstein Academic Review Course by M. Lamar Hicks, DDS, MS

In 2002 Academic Review of Endodontology course, sponsored by the I.B. Bender Division of Endodontics at Albert Einstein Medical Center, was held on September 27-29 at the Adam's Mark Hotel in Philadelphia. The course attendance of 197 shattered the old attendance record of 178 set in 2001. Endodontists and endodontic residents came from 30 states, Canada and Germany to hear nine internationally known academicians, clinicians and researchers to update their knowledge in the science of endodontics. Registrants included 100 endodontic residents from 25

residency programs plus 15 full-time faculty members from 13 university and hospital-based programs. The resident/faculty registration represented 67% (31 of 45) of all the endodontic specialty programs in the United States.

For the sixth consecutive year, The College of Diplomates sponsored an evening session at the Academic Review on tips for preparing for the three phases of the certifying examinations of the American Board of Endodontics (ABE). Dr. Gary Hartwell, Chairman of Endodontics at Virginia Commonwealth University and the

Secretary of the ABE, presented on behalf of the Board. More than 80 course registrants attended this highly informative and interactive seminar. Immediately after Dr. Hartwell's presentation, the College provided all seminar participants with a variety of refreshments at a deluxe Sundae Bar. The increasing interest in the Academic Review over the last few years and the superb attendance at the College-sponsored Board presentations indicate a strong interest in board certification in the endodontic specialty community. ◆

Loma Linda Endodontic Biology Review

by Dr. Leif Bakland



The 19th Annual Review of Endodontic Biology, a two-day

course specifically geared for candidates preparing for the ABE certification process, was held at Loma Linda University September 22-23, 2002.

Approximately 100 participants listened to seven lecturers cover material such as endodontic treatment outcomes, immunology, pulp and periradicular pathology, pharmacology, and anatomy. All the presentations included opportu-

nities for participants to take self-directed multiple choice tests afterwards.

An additional benefit for participants interested in finding out various aspects of the certification process was the "Mini Board Walk" during the evening of the first day of the course. Dr. Paul Eleazer, a Director of the ABE presented information about the written examination, the case portfolio, and the oral examination; Dr. Eleazer also answered numerous questions about the process and helped explain what it takes to successfully achieve Diplomate status. Both the travel for Dr. Eleazer and the

light supper for the candidates was generously supported by the College of Diplomates. It is one of the many ways the College supports our colleagues' efforts to become Diplomates.

The next Loma Linda Review is scheduled for September 21-22, 2003 and will be the 20th Annual Board preparation course—the longest running such program in endodontics. Anyone interested in the course can contact the CE department at Loma Linda at (909) 558-4585 or at www.liu.edu/llu/dentistry/cde. Specific questions can also be directed to Dr. Leif K. Bakland at (909) 558-4681 or lbakland@sd.liu.edu. ♦

Louis I. Grossman 1901—1988 by Louis E. Rossman, DMD

Louis Irwin Grossman, DDS, DMD, ScD (hon) was born in Russia on December 18, 1901. After moving to the United States, he attended South Philadelphia High School and graduated in 1919. Dr. Grossman then went on to graduate from the School of Dental Medicine at the University of Pennsylvania in 1923. Dr. Grossman was responsible for the establishment of the specialty of endodontics. He was a student under Dr. Joseph L.T. Appleton and Dr. Hermann Prinz. After graduation, he attended in Germany at the University of Rostock where he earned his DMD. It was here that he wrote a thesis, which was a survey of the various techniques of endodontic practice taught at dental schools. Following his return from Germany, he married in 1928 and Emma May became his life-long partner. Dr. Grossman continued his research to "simplify the number of treatments for a root canal." With Dr. Apple-

ton, he published a series of articles entitled "Experimental and Applied Studies in Electro-Sterilization."

Dr. Grossman was a professor emeritus of endodontics and director of postdoctoral Endodontic Research at the School of Dental Medicine at the University of Pennsylvania. Dr. Grossman was chairman of the American Board of Endodontics and had served as president of the American Association of Endodontists. He was the founder and director of over six international conferences on Endodontics. His book, first called Root Canal Therapy, was published in 1940. Endodontic Practice, as it was later named, was revised and published as 11 editions. It was translated into Chinese, Portuguese, Spanish, Persian, Italian, German and Japanese.

Dr. Grossman was honored, during his lifetime, all over the world through invited lectures or honorary degrees. In the celebration of its centennial in 1978, the University of

Pennsylvania bestowed an honorary degree on Dr. Grossman and part of the citation stated; "Weathering widespread opposition in the early days of root canal therapy, his belief in the importance of developing biologically based methods to conserve the natural dentition has prevailed ..."

Dr. Grossman was born during the focal infection era and the time of the Hunter Treatise. His research on filling a root canal was performed during a time when it was almost malpractice to think that way. His persistence and discipline focused his attention on careful and methodical research. Whereas some might have loud and emotional confrontations, Dr. Grossman gained the respect of the medical and dental communities through his training, meticulous research and academic knowledge, teachings and leadership. His research literally paved the way for

(Continued on page 4)

(Continued from page 3) **Grossman** the development of the specialty of endodontics. His primary fields of study focused on focal infection, sterilization of root canals, culturing to prove that the root canal was not the source of infection that was popularly thought. His books outlined step by step, the correct way to perform root canal therapy. Many of these ideas are still followed today, over sixty years later.

Dr. Grossman organized the Philadelphia Root Canal Study Club in 1939. This group was the precursor of the American Association of Endodontists. It was a group of individuals who would come together to share information, research and ideas on endodontic therapy. There were no dues and the only requirement was that each member had to contribute. Dr. Grossman was interested in sharing knowledge so that the dissemination of correct research would be read and learned by the medical and dental communities. Some of Dr. Grossman's contemporaries were Coolidge, Sommer, Johnston and Bender. However, the people that benefited from Dr. Grossman's lectures, publications and friendship will affect eternity. Although this early study club was held towards the end of the focal infection period, several changes happened during this period. The Journal of the American Dental Association published, in 1938, a comment by the then editor, Dr. C.N. Johnson. He wrote about the senseless extraction of pulpless teeth that was practiced and prescribed by both dentists and physicians. At the same time, the Mayo Clinic came out with a statement that pulpless teeth were not responsible for certain cardiac problems, but it was subacute endocarditis that

caused the infections. The time was right and the winds of changes were sweeping across the professions.

"I have been his legal mistress for 50 years ..."

A quiet and dedicated gentleman, Dr. Louis I. Grossman shared his life with his wife, Emma May. They had two children, Clara and Richard. Although he was a dedicated husband and father, he gave his life to the development of the specialty of endodontics. It was through his research, teaching and publications that our specialty was formed. At the dinner that the University of Pennsylvania held in honor of Dr. Grossman's 80th birthday, his wife, Emma May Macintyre Grossman, pointed out that "I have been his legal mistress for 50 years, his wife being dentistry." Dr. Grossman passed away in 1988 at the age of 86.

The American Board of Endodontics established the Louis I. Grossman Luncheon, the year that Dr. Gossman passed away. Drs. Stephen Cohen, Ed Osetek, and Jack Harrison formed a caucus that persuaded the rest of the board to adopt a Thursday luncheon. Philosophically, the luncheon would celebrate the role model of Dr. Louis I. Grossman because he epitomized the pursuit of knowledge and excellence with an ethical foundation. The primary purpose of the luncheon is truly to celebrate and recognize those individuals that have attained their Diplomate status. The luncheon is open to all Diplomates and their spouses and the executive board of the American Association of Endodontists. A speaker follows the presentation of the Diplomate pins to recently recognized diplomates. To honor Dr. Grossman, the topic is usually based on ethical or academic issues that would benefit the profession of endodontics. The speakers have been from various fields and professions in both dentistry, medicine and other associated fields.

More About Dr. Grossman

Dr. Louis I. Grossman was a good friend to endodontics, and many endodontists refer to him as the "Father of Endodontics." To honor this great man, the American Association of Endodontists named the Annual Session luncheon at which new Diplomates are recognized.

Grossman graduated from the School of Dental Medicine at the University of Pennsylvania in 1923. Following graduation, he studied in Germany and wrote a thesis that was a survey of the various techniques of endodontic practice taught at various dental schools. He returned to the United States and embarked upon his research to "simplify the number of treatments for root canal."

Grossman developed his first root canal sealer in the 1930's. The standard endodontic cements that are widely used today are mainly Grossman's formula cements, which consist of zinc oxide and eugenol (ZOE). He had already organized the first root canal study club in Philadelphia and had written the first endodontics textbook, Root Canal Therapy by 1939

Grossman was heavily involved in the AAE and ABE's early years. In 1943, Drs. W. Clyde Davis, John H. Hospers and Louis I. Grossman formed an organizing committee to develop a national organization for those who are interested in endodontics.

As a charter member of the AAE, Grossman was on the program at the 1944 Annual Session. The program listed his presentation on A Brief History of Root Canal Therapy in [the] U.S. The brief bio accompanying his presentation title stated Grossman was a "Research Worker" and an "Associate in Oral Medicine and Head Root Therapy Clinic, School of Dentistry, University of

(Continued on page 5)

Louis I. Grossman (Continued from page 4)
Pennsylvania.”

At the 1946 Annual Session, he presented a motion picture, *The treatment and Filling of a Pulpless Tooth*. He served as Chair of the Publication Committee in 1947 and presented a session and a clinic on *Poly-Antibiotic Treatment of Infected Pulpless Teeth* at the 1950 Annual Session. He served on a panel of speakers on *Various Phases of Endodontia* and was joined by Drs. Ralph Sommer, Edgar D. Coolidge and E.G. Van Valey.

He continued working with the fledgling association and held vari-

ous positions. He was elected AAE President in 1948. He chaired a World Conference on Endodontics in Pennsylvania in 1950 and in 1964.

When the American Board of Endodontics incorporated, Grossman was one of the nine prominent endodontists to become members of the ABE. He was instrumental in the ABE's development and served as President from 1967-1969.

Grossman's contribution to the field of endodontics was not overlooked by the AAE. The Louis I. Grossman Award was created to recognize an AAE member “for cu-

mulative publication of significant research studies that have made an extraordinary contribution to endodontology.”

Grossman was the first recipient of this award in 1973.

The presentation was given to him “for superlative and meritorious contributions to the art and science of endodontics and for exemplary dedication, service and leadership to dentistry, and this association.”

The field of endodontics is indebted to and is the better for having had Dr. Louis I. Grossman as its ambassador, teacher and researcher. ♦

The Pinnacle

C/O Dr. Fred Goodman, Editor
College of Diplomates
P.O. Box 2673
Glen Ellyn, Illinois 60138-2673

PRESORTED
FIRST-CLASS
MAIL
U.S. POSTAGE
PAID
MIAMI, FL
PERMIT NO. 5384

Address Service Requested

Study Guides on the Web by Dr. Joseph S. Dovgan, Webmaster

We have our first study guide in place! This first guide is primarily for candidates getting ready to take the oral portion of the boards. It could be used just as a literature review even if you are not taking the board but are mentoring someone. This is downloadable from our website and is in MS Word format for easy manipulation. This is just the beginning.

All of us that have been through the process understand the time commitment involved. Just collecting the materials is quite a chore. I remember spending weeks just trying to sget study guides from others and helpful aids. No

use reinventing the wheel every time, so hopefully you will find this new aid valuable in your quest.

Our goal is to collect beneficial aids in completing all facets of the board process. We had to start somewhere and we need your help to keep this current. If you make major revisions for your studies or have other useful aids, please send them to the webmaster.

Slowly but surely, we are meeting our mission, one item at a time. It's all about content. Please contact me at 480-483-9001 or email me at webmas-

ter@collegeofdiplomates.org with any thoughts and materials you might have. Help us make COD your central location for board preparation information. ♦

