

# The Pinnacle

Volume VIII, Issue 1  
 Editor: Fred Goodman, D.D.S.

Spring/Summer 2004

## College of Diplomates of

The American Board of Endodontics  
 P.O. Box 2673  
 Glen Ellyn, Illinois 60138-2673  
*The Pinnacle* is published in  
 the Spring and Fall.  
 Phone 630-510-7136  
 FAX 630-510-7176  
 E-mail:codabe96@aol.com  
 Susan Hawkinson,  
 Executive Secretary  
 Managing Editor,  
 Alyce F. Norris, CDA

### Inside this issue:

President's Message .....	1
Secretary's Report .....	2
Summer Conference .....	3
Treasurer's Report.....	4
In Memoriam .....	4
Budget 2004.....	5
Mentoring Program .....	6
Einstein Academic Review .....	6
Loma Linda Annual Review.....	7
Webmaster.....	8

### Officers 2003-2004

- Dr. A. Eddy Skidmore**  
*President*
- Dr. Fred Goodman**  
*President-Elect*
- Dr. Charles Cunningham**  
*Secretary*
- Dr. George Goodis**  
*Treasurer*
- Dr. James Simon**  
*Director, Immediate Past President*
- Cindy Rauschenberger**  
*Director*
- Dr. Joe Dovgan**  
*Director*
- Dr. André Mickel**  
*Director*

## Congratulate Yourself on a Job Well Done by Eddy Skidmore

When the College of Diplomates was established 1996, I was privileged to serve as President of the American Board of Endodontics. In the April *Diplomate*, I addressed the decision to form a separate organization for those who had achieved board certification and titled my letter "Why the College of Diplomates?" In preparing to write this letter, I reviewed my letter of 1996, in which I outlined the objectives of the COD. I am pleased to say that the reality of the COD has far exceeded our expectations.

The COD was born in the fall of 1995, when a group of dedicated and industrious Diplomates; Lief Bakland, Stuart Fountain, Lamar Hicks, Martha Proctor, Eric Rivera, and Lou (aka Luigi) Rossman developed a Constitution and By-laws for a College of Diplomates of the American Board of Endodontics. They obtained the blessing of the AAE and the ABE and on Friday, April 26, 1996, at the AAE annual meeting in Dallas, Texas, the COD was born.

The AAE and the ABE recognized that the

strength of a profession could be measured by the number of members who have achieved board certification. The COD was the perfect vehicle to promote certification and encourage members to achieve it in ways that the ABE and AAE could not.

We have been able to measure our success with a survey conducted by Carl

... Friday, April 26, 1966 the COD was born ...

Newton. Candidates have indicated that mentoring has been very important to their success in obtaining Diplomate status. The new Diplomates tell us that mentors were readily available to them and almost all of them used a mentor to assist them in some aspect of the certification process. I believe that our ultimate mentor, Ed Osetek, would be very proud of the COD and the way its members are fulfilling "The Obligation of the Privileged" Many of you have been tutors, coaches, helpers, guides, advocates, cheerleaders, and trusted counselors to candidates as they have prepared for their exams. Our mentoring chair, André Mickel, is urging all of us, especially the new

Diplomates, to participate in carrying out our philosophy of "each one to reach one."

An important goal of our founders was to provide high quality continuing education courses for Diplomate and board candidates. Our first two Summer Conferences (2000 in Jackson Hole, WY and 2002 in Asheville, NC) were very successful. This year's Summer Conference will be at the

Ritz Carlton in Bachelor Gulch, CO from August 4-8. The topic is Dental Trauma. Jens Andreassen and Leif Bakland will lead us in exploring current evidence-based dental traumatology. Look for detailed information to arrive soon

Another objective our founders was to help the American Board of Endodontics in ways that would make their job easier and allow them to concentrate on their main purpose of certifying candidates. The College continues to assume the leadership for the Grossman Luncheon at the AAE. The new Diplomates are our honored guests and the ABE recognizes them for achieving Diplomate

(Continued on page 3)

## Secretary's Spring 2004 Report by Charles Cunningham

The activities of the Directors are carried out in conference calls and e-mail and are recorded by the Secretary. It is a pleasure to report that the college is functioning smoothly. The past members of the Board have laid an excellent groundwork for the present board to follow. The administration functions are managed by Ms. Susan Hawkinson of Glyn Ellyn, IL. She maintains the official documents of the College and assists the Directors with their assignments. The College's specific activities have been focused on the mission, organizing the bi-annual conference and sponsoring an ABE Director to present the "Boardwalk" at board review courses.

The newly adopted mission statement reads: **The mission of the College of Diplomates of the American Board of Endodontics is to encourage educationally qualified endodontists to pursue Diplomate status and make available Diplomates to mentor candidates throughout the certification process.** Although the College has been active, it appears that many individuals are not aware of our existence, much less the mission. The Directors will continue to develop a higher profile for the College so prospective candidates will seek a mentor. That is one of the purposes of *The Pinnacle*. It is most important that candidates do not confuse the College with the American Board of Endodontics. The College's mission is "service" - service of mentoring board candidates, when requested. All Diplomate members of the College are providing that "service." Although some members may not be actively mentoring, their membership support is an affirmation of their desire to back the mission of the College.

Recently certified Diplomates

are strongly encouraged to serve as mentors. These individuals possess a wealth of knowledge regarding the process and can "sympathize" with candidates' "agony" as the process is fresh in their minds. The College has accepted this "self-appointed" challenge to provide mentors and to insure that mentors are current in the certification process. The College maintains a "Mentor's Guide" to assist in the activity. In addition, the ABE presents the "Boardwalk" each year at the annual meeting and certainly it is most valuable to be current. Dr. André Mikel, a super enthusiastic individual, has accepted the responsibility for the mentoring program.

Stepping aside from the service activities, the College sponsors a bi-annual continuing education program for members only. The August 2004 meeting in Colorado will be the third conference and is a "direct member benefit." The conference

will be subsidized in part by the College. Dr. Fred Goodman has been the igniting force in designing the program and attending to the numerous details. Consistent with the expenses of presenting a Diplomate-level CE course, the Directors have recognized the various professional areas of members to establish reasonable registration fees. The Directors are to be commended for showing concern in this area.

The College exists to strengthen the specialty of Endodontics that lies with the Diplomates. The Diplomates determine Endodontics continued recognition and need. The College is committed to assist candidates in achieving that lofty "Pinnacle." Looking forward to visiting with you in Anaheim and Colorado.

<p><b>THE COLLEGE OF DIPLOMATES OF THE AMERICAN BOARD OF ENDODONTICS</b> invites you to the <b>Lous I. Grossman Luncheon</b> Thursday, May 6, 2004 12:00 noon to 1:30 pm Dr. Arthur A Dugoni, Dean of the University of the Pacific Dental School <b>"Qualities of Leadership and the Opportunities of Leadership"</b> Register on your AAE registration form By ticket only <b>NEW DIPLOMATES WILL BE RECOGNIZED.</b></p>											
--	--	--	--	--	--	--	--	--	--	--	--

## College of Diplomates Announces Summer Conference

### Current Treatment Approaches to Dental Trauma. Based on Fact or Opinion?

The 2004 conference will be dedicated to dental trauma. Jens Ove Andreasen D.D.S., Odont., Dr. h.c., and Leif K. Bakland D.D.S. two of the foremost authorities on dental trauma in the world will conduct the three (3) day education session. Three mornings during the conference will be used to look at evidence-based dental traumatology and ask questions about our understanding of the pathophysiology of trauma and the biology of wound healing, which forms the basis for the principles of treatment, and then ask the question—do our treatment recommendations make sense?

Afternoons will be devoted to exploring and enjoying the beauty of the Rocky Mountains, whether it is hiking, mountain biking, fishing or golfing. Plan now to spend quality educational time with your fellow Diplomates and relaxing time with your family and friends.

Look for your registration packet in early 2004.



*The Ritz Carlton Bachelor Gulch, where the spirit of the Rocky Mountains takes shape in a luxury resort of exceptional beauty.*

### **Congratulations...** (Continued from page 1)

status. This year our speaker will be Dr. Art Dugoni. The luncheon is on Thursday, May 6 from noon to 1:30 PM. Please remember that registration for the luncheon is a separate form in your AAE Annual Session packet.

The College has been very, very active in assisting with Board Preparation Courses. Three courses are offered: at Loma Linda in California, the University of Michigan, and at Albert Einstein in Philadelphia. The COD has provided financial support for a reception for the participants and for travel expenses for an ABE Director who attends the sessions. The ABE Directors present current information about the certification process and answer in depth the candidate's questions about the oral exam and case history presentations.

The College also provides

grants for ABE Directors to visit the residency programs to talk about the certification process. Contact with an ABE Director in a non-threatening environment has allowed graduate students to allay their fears about taking their boards and familiarizes them with the process. Many new Diplomates have told us that the visit to their program was highly influential in their decision to pursue certification.

We have come a long way since 1996 and certainly have justified our formation. Our existence has strengthened the AAE and the ABE and has helped to preserve our specialty by encouraging all educationally qualified specialists in endodontics to pursue certification. I hope you will take a moment to reflect on a job well done and look ahead at the job we must do. Remember: There is "safety in numbers."

*University of Michigan Course By  
George T. Goodis*

*"The Biologic and Clinical Aspects of Endodontology"* will be held on March 18-20, 2004 at the School of Dentistry.

This course is U of M's 17th Annual Review and it is an ideal review for candidates taking the American Board Examination. With an outstanding array of nationally recognized speakers on the program, a well attended enrollment is expected.

As the tradition has been, The College of Diplomates will sponsor an evening Session at U of M's Annual Review. The focus will be tips for preparing for the three phases of the certifying examinations of the ABE. Dr. Keith Krell of the ABE will be presenting on behalf of the ABE Board.

## COD Treasurer's Report

George Goodis

by

## In Memoriam

As the Treasurer of the College of Diplomates, I am pleased to report that the financial health of the COD is excellent.

The COD Board of Directors have reviewed and approved all the expenditures for the year 2003. The Directors have made financial decisions by being fiscally responsible and prioritizing the spending. The COD income for 2003 was \$30,239.67 and the expenses were \$24,054.04. This result allowed an operating surplus of \$6,185.63 for 2003.

Since the beginning COD balance on 12/31/02 was \$103,397.36 and the 2003 operating surplus is \$6,185.63, the ending balance for 12/31/03 is \$109,582.99.

### College of Diplomates Financial Statement 12/31/02—12/31/03

#### Starting Balance

Balance 12/31/2002 **\$103,397.36**

#### Income:

Dues.....27,725.00  
Sponsorship Grants.....2,500.00  
US Bank.....(80.00)  
Community Bank—Interest.....94.67

**Total Income: \$30,239.67**

#### Expenses:

ABE Director Visit.....291.39  
Accounting Fees.....680.00  
Awards & Certificates.....102.85  
Bank Charges.....113.81  
Board Review Course.....1,890.43  
Conference Calls.....1,388.45  
Registration Fees.....26.00  
Grossman Lunch.....435.28  
Newsletter.....5,133.53  
Office Supplies.....323.28  
Postage.....496.71  
Registration Refunds.....-  
Secretarial Fees.....3,232.50  
Summer Conference.....8,934.48  
Telephone.....219.63  
Travel Grant.....316.30  
Website.....469.40

**Total Expenses: 24,054.04**

**Ending Balance: \$109,582.99**  
12/31/03

(see proposed budget next page)

Samuel Seltzer, DDS, died Friday, February 13, 2004 at age 90 after a long illness. Dr. Seltzer was one of the pioneers in the field of Endodontology. He performed some of the seminal research studies that enhanced understanding of the biology of the dental pulp, which led to new methods to save diseased teeth.



Author of over 100 scientific papers and several classic textbooks.....

Dr. Seltzer was born in Philadelphia, was a graduate of Central High School, the University of Pennsylvania, and its School of Dental Medicine. He served in the Army medical corps during World War 2, reaching the rank of lieutenant colonel.

Dr. Seltzer was the author of more than 100 scientific papers and several classic textbooks in the field, including *Endodontology* and, with colleague I.B. Bender, *The Dental Pulp*, which has been translated into five languages. An international lecturer and acclaimed teacher, Dr. Seltzer was named the Isiah Dora Professor and Chairman of the Department of Endodontology at Temple University School of Dentistry, and was an active member of the Temple Faculty until his retirement in 2000.

Dr. Seltzer is survived by his wife, Ruth Seltzer, sister Anne Walowitz, son, Dr. Steven Seltzer, daughter-in-law Rochelle Seltzer and two grandchildren, Daniel and Gabriel.

### *Thoughts About Sam by Stephen Cohen*

Sam was one of our role models, not for his vast knowledge and personal integrity, but for his wisdom in how to live a balanced life richly and joyfully. Sam's sense of humor was legendary; he made us laugh while we acquired essential knowledge—this was one of his many gifts to us! A part of Sam lives within all of us and we can honor that part by providing for the next generation of endodontists what he so generously gave to us. We cannot pay him back for what he so unselfishly gave to us, but we can pay it forward in the same manner it was given to us. As we were taught to honor our parents and teachers, let's remember that Sam was a surrogate "parent" to many and a teacher to all. Knowing Sam has made us all better and our lives fuller—in his name let's continue to strive towards the excellence Sam embodied.

**COLLEGE OF DIPLOMATES OF THE AMERICAN BOARD OF ENDODONTICS  
2004 PROPOSED BUDGET**

<b>REVENUE</b>	<b>PROPOSED</b>		
	<b>Year 2004</b>	<b>Year 2003</b>	<b>Year 2002</b>
1. Dues	30,875.00	27,725.00	37,100.00
2. SC 2004 Registration	49,625.00	-	42,975.00
3. Corporate Sponsorships	5,000.00	2,500.00	16,000.00
4. US Bank	-	(80.00)	5.00
5. Community Bank	380.00	94.67	-
	-	291.39	-
<b>TOTAL REVENUE</b>	<b>85,880.00</b>	<b>30,239.67</b>	<b>96,080.00</b>
<b>EXPENSES</b>			
6. ABE Director Visit	-	291.39	-
7. Accounting Fees	860.00	680.00	590.00
8. Awards & Certificates	150.00	102.85	-
9. Bank charges	60.00	113.81	3.92
10. Board Review Course	2,800.00	1,890.43	2,866.26
11. Conference Calls	1,570.31	1,388.45	1,667.84
12. Registration Fees	10.00	26.00	86.40
13. Grossman Lunch	1,595.41	435.28	1,466.76
14. Newsletter	5,400.00	5,133.53	5,028.84
15. Office Supplies	700.00	323.28	1,196.97
16. Postage	600.00	496.71	-
17. Registration Refunds	1,800.00	-	1,800.00
18. Secretarial Fees	6,072.00	3,232.50	6,072.00
19. Summer Conference	83,069.27	8,934.48	31,704.41
20. Telephone	250.00	219.63	-
21. Travel Grant	1,500.00	316.30	797.00
22. Website	1,183.97	469.40	1,364.40
<b>TOTAL EXPENSES</b>	<b>107,620.962</b>	<b>4,054.04</b>	<b>54,644.80</b>
<b>NET FUND BALANCE INCREASE/DECREASE</b>	<b>(21,740.96)</b>	<b>6,185.63</b>	<b>41,435.20</b>
<b>BEGINNING OF YEAR FUND BALANCE</b>	<b>109,528.99</b>	<b>103,397.36</b>	<b>61,962.16</b>
<b>END OF YEAR FUND BALANCE</b>	<b>87,842.03</b>	<b>109,582.99</b>	<b>103,397.36</b>



## ***Mentoring Program Update*** by *André K. Mickel*

In our last COD issue we outlined a five point mentoring plan. The first point called for all program directors to lead the charge in ensuring that all residents understand the importance of Board Certification and immediately begin the process as soon as possible. Shortly, a letter will go out to all program directors asking them to identify a "Board Certification Ambassador" who will actively promote and encourage each resident, past and present to achieve the elite status of Board Certification. This Ambassador need not be the Director of the program, but could be one of the part-time or full-time faculty members. This person could serve as a local geographic mentor for any endodontists pursuing their boards in an area near their school. Our hope is that the COD would provide informational support to help this person.

The College will also continue in our efforts to serve as "On-line Mentors." If any candidate needs some general information regarding preparing for the boards, we are just one click away on our COD website. On this site there is a literature review that may serve as a good starting place for

study. Additionally candidates may e-mail me at axm69@po.cwru.edu to request further information regarding preparing for the boards. Many candidates do not need a full time mentor, but instead just a few questions or need a few suggestions on how to begin their preparation. The COD is here to help in any way we can ... after all, we were once in those same shoes! For those candidates who would like to have a mentor to give them more one-on-one help, you can again e-mail the COD or me and we will do our best to find a local mentor.

The COD plans to send a letter to all recent (5 yrs) Diplomates, asking them to serve as a potential mentor in their geographic area. As the Board process and examinations have changed substantially in the last 5 years, the COD feels that recent Diplomates having gone through this newer process, may be better able to serve as mentors. Any recent Diplomate who would love to give back to their specialty by serving as a mentor please contact the COD ASAP. For anyone considering serving as a mentor, going through the board process, or serving as a "Board Certification Ambassador", the COD

would encourage you to attend the "Board Walk" given at this year's AAE meeting. This session given by the ABE Directors will give the most up-to-date information regarding the board process.

Finally let each Diplomate remember ... "Each one reach one." Encourage a colleague TODAY to begin that glorious journey through the Board Certification process. We are sure that no one will regret it!

I thank you for the opportunity to serve our specialty of Endodontics ... THE GREATEST PROFESSION ON EARTH.

Feel free to e-mail your comments to me regarding the Mentoring Program, or anything else I can help you with!

### **ANNUAL BUSINESS MEETING** **College of Diplomates Of the** **American Board of Endodontics**

Thursday, May 6, 2004  
To be held following the  
Grossman Luncheon 1:30 pm

## ***Einstein Academic Review Attracts Large Attendance*** *to Philadelphia* by *M. Lamar Hicks*

The 2003 Academic Review of Endodontology course, sponsored by the I.B. Bender Division of Endodontics at Albert Einstein Medical Center, was held on October 3-5, 2003 at the Adam's Mark Hotel in Philadelphia. The course attendance of 182 was the second largest in course history. Practicing endodontists and endodontic faculty and residents gathered from 31 states and the District of Columbia to hear nine internationally known

academicians, clinicians and researchers provide the very latest in knowledge and advances in the science of Endodontics. Registrants included 99 endodontic residents and nine full-time faculty members from twenty-seven university and hospital-based programs. The resident/faculty registration represented 50% of all the endodontic specialty education programs in the United States.

For the seventh consecutive year, The College of Diplomates sponsored a Friday evening session at the Academic Review on tips for preparing for the three phases of certifying examinations of the American Board of Endodontics (ABE). Seventy-five course registrants attended this informative seminar. Dr. Gary Hartwell, president of the ABE and Chairman and Endodontic Program Director at

*(Continued on page 7)*

(Continued from page 6)

UMDNJ (New Jersey), presented on behalf of the Board. Immediately after Dr. Hartwell's presentation, those in attendance enjoyed a deluxe Sundae Bar sponsored by the College of Diplomates.

Over the last few years, the high level of interest in the Academic Review Course and the excellent attendance at the College-sponsored presentations strongly suggest a significant interest in

board certification that spans the endodontic specialty community. Historically almost 650 endodontists and endodontic residents have attended those board preparation seminars in Philadelphia since the College began sponsoring them in 1997. This is strong testimony to the success of the College in carrying out one of its primary objectives: "(To\_ provide educational opportunities specific to the attainment of board certification and recertification."

The next Academic Review of Endodontology course is scheduled for

October 1-3, 2004 at the Adams' Mark Hotel, Philadelphia. Once again, an entire evening will be devoted to an informative session on preparing for the endodontic board. More information will be forthcoming in the CE Registry of the Journal of Endodontics and in the national mailing of the course brochure to all endodontists members of the American Association of Endodontists.

## ***Loma Linda Presents 20th Annual Review of Endodontic Biology*** ***by Leif Bakland***

For 20 years, the endodontic faculty at Loma Linda University School of Dentistry has presented an annual two-day review course on the biological aspects of endodontic diagnosis, treatment, and outcome assessment. This year the course, which attracts about 100 participants every year, was held September 21 and 22 at the Hilton Hotel in San Bernadino.

While the review course was originally planned and designed for candidates preparing for the certification examinations of the American Board of Endodontics (ABE), it has also become popular with other dentists including endodontic specialists who enjoy being updated on the basics for practicing this discipline of

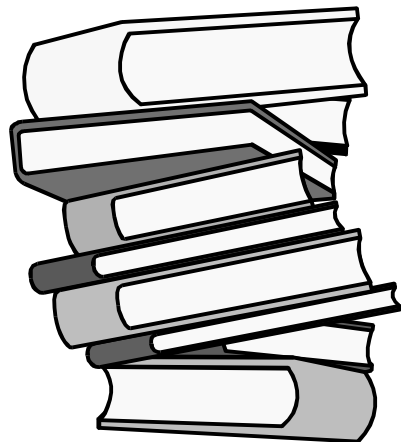
dentistry.

The faculty for the review consists of School of Dentistry faculty along with invited presenters; this year the School was represented by Drs. Charles Goodacre, Steve Morrow, James Simon (Dr. Simon has faculty appointments at both LLU and University of Southern California), and Lane Thomsen. The invited speakers were Dr. Shimon Friedman from the University of Toronto, Canada and Dr. Ashraf Fouad from the University of Connecticut. Also participating was Dr. Keith Krell, from the University of Iowa—he represented the ABE and gave Board candidates and the endodontic residents from the four Southern California endodontic programs: LLU; USC; University of California, Los Angeles; and VA Long Beach Healthcare

System, Long Beach, an update on the certification process and helpful hints about how to prepare for the examination.

Planning and presenting these types of courses are time consuming and require considerable effort. But it has been worth it for these many years, according to Leif K. Bakland, DDS, professor and chair of Endodontics, who, along with Dr. Simon began these programs and has been involved with them since the beginning.

"It is always nice," says Dr. Bakland, "to have a colleague come up during a meeting to tell you how much these review courses helped in preparing for the American Board of Endodontics boards."



***Next Loma Linda Endodontic Biology course is:***  
***September 19-20, 2004***

***For information in attending contact: Chris Born***  
***Continuing Dental Education***  
***School of Dentistry, LLU***  
***Loma Linda, CA 92350***  
***Phone: 909/558-4685***

## ***The Pinnacle***

C/O Dr. Fred Goodman, Editor  
College of Diplomates  
P.O. Box 2673  
Glen Ellyn, Illinois 60138-2673

Address Service Requested

PRESORTED  
FIRST-CLASS  
MAIL  
U.S. POSTAGE  
PAID  
MIAMI, FL  
PERMIT NO. 5384

---

### ***From the Webmeister by Joseph S. Dovgan***

Oh what a feeling! Having spent significant time mentoring a candidate, you feel pride in having that person pass the orals to finally become a Diplomate of the ABE. That's what the College is all about. Dr. Le O'leary said, "I am sure glad that there was board study materials on your website. Wished you had more!" I do too, and I think one of the directions we need for the college is to more actively solicit and/or create the materials.

Our literature guide is pretty

good for the years covered, but stops in 2000. Do you know of an update we can post? Did any of the successful candidates want to submit their updated guide? Do you think we should consider formalizing a committee and select the important literature for inclusion in the guide? Other study guides I'd like to see include local anesthesia, anatomy and ramifications of spaces, important pharmacology, medical emergencies, oral pathology, and dental management of the medically compromised patient.

If you have something, please send them to me. Let's make the COD a central location for information for those taking the boards! Feel free to contact me at my website: [joe@endodovgan.com](mailto:joe@endodovgan.com)

